

**Counseling Resources –**  
Counselors, Ministries, or Agencies  
2018

**Pastoral or Lay Counseling:**

Pastors on Staff at the River Valley Campuses – 541-476-7761

Pastors work with adults and some teens regarding: addictions, anxiety, blended families, crisis, depression, grief and loss, marriage

River Valley AACC\* Trained Lay-Counselors – 541-476-7761

Care givers who provide a safe place for support and encouragement to women going through life situations. Not professionals but continually trained in issues affecting people in today's world. Our services are offered free of charge.

For each of the above options, the counselee (the one seeking counseling or their legal care-giver) must come into the RVC Office for an in-take form. After the form is filled out and returned, the counselee will receive a call to set up an appointment.

**Abuse:**

Kim Brouhard, MSW, LCSW – 541-955-2566 ([kbrouhard@gmail.com](mailto:kbrouhard@gmail.com))

Works with adults, teens, children, and families. Depression, anxiety, grief & loss, abuse, blended family, ADHD, Aspergers. Accepts insurance, private pay, sliding scale.

Libby McLain, MS, LPC, NCC – 541-472-8100

Women's issues, adolescents, depression, anxiety, marital issues, divorce, PTSD, trauma. Accepts insurance.

Florence Nikas MS, NCC, LPC-I – 541-450-8960

Individual adults, couples, Veterans and their families. Counseling diagnosis and treatment available for issues regarding trauma and crisis, post-traumatic stress disorder, anxiety, depression, suicidal ideation, sexual abuse/assault, addictions, sleep disorder, pain management, grief and loss. Accepts private pay, offers sliding scale.

Michael Safko, Psy.D. – 541-471-8840

Diagnosis and treatment of childhood disorders. He offers assessment and treatment of children and adults for psychological testing, educational disability testing and intervention, IQ testing, ADHD, depression and anxiety, oppositional behavior and family conflict, post-traumatic stress, grief and loss, child and sexual abuse, individual or family, marriage.

**Addictions:**

Celebrate Recovery

Meets every Thursday night 6:30 at Parkway Christian Center (541-479-2639)

Class: *Untangling Relationships: A Christian Perspective on Codependency*

Meets every Tuesday in the Fall: late September – mid-December

Raymond Meagher, LCSW – 541-660-2053

Addictions, anxiety, homosexual, marriage, pornography, PTSD and more. Accepts insurance, private pay, sliding scale.

Florence Nikas MS, NCC, LPC-I – 541-450-8960

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**Adolescents**

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Evan Hanson, MS, MA, LMFT – 541-787-9091

Counseling in: pre-marital, group, parenting, boys/sons issues, men's issues, men's groups.  
Mediation in: workplace conflict, interpersonal conflict, domestic, civil, landlord/tenant, construction.  
Teaching/Instruction in: principled parenting, personal boundaries, raising sons, authentic manhood.  
Accepts insurance.

Libby McLain, MS, LPC, NCC – 541-472-8100

Women's issues, adolescents, depression, anxiety, marital issues, divorce, PTSD, trauma. Accepts insurance.

Connie O'Brien, MEd., LPC, NCC, RPT – 541-659-6165 ([cobrienlpc@hotmail.com](mailto:cobrienlpc@hotmail.com))

Counseling for kids ages 4-14 years by using researched based play therapy techniques. I work with children and families dealing with social skills concerns, trauma, depression, anxiety, substance abuse exposure in the home and more. I work with families and parents on parenting skills and training. Accepts private pay, sliding scale. Also accepts adult clients who have Medicaid through Options as a contract counselor.

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Dusti Stark, MSW, LCSW – 541-295-2486

Individuals, couples, families, children, teenagers, adults. Accepts some insurance.

Campus After Dark (High School)

Wednesday nights 6:30-8:30 at the Point. River Valley Church 476-7761 Roger Haberman

Midway (Middle school)

Tuesday nights 7:00-8:30 at the Point. River Valley Church 476-7761 Dan Horst

Class: *Tough Guys and Drama Queens*

Parenting adolescents. Michael and Janelle Bahn 541-476-7761

### **Anger &/or PTSD:**

Sharon Burman Lawler, MA – 541-232-0261

Facilitates the *Anger Challenge Class*. Works with men's & women's support groups, teens, couples; trained in sand tray therapy. Private pay, sliding scale.

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Carl Reimer, MA, LMFT – 541-659-8000

Adjustment to change, grief & loss, anger & stress management, depression, anxiety, pre-marriage, marriage issues, parenting & family, blended family, empty nest, job loss, trauma, and more. Accepts some insurance.

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**Anxiety:**

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**Blended Family:**

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Laura Wassink-Erkeneff, MA – 541-660-9215

Individuals, couples, families, adoption. Accepts private pay, sliding scale.

**Children's Counseling:**

Chuck Kostrna, Children's Pastor, River Valley Church – 476-7761

[ckostrna@rivervalleycc.org](mailto:ckostrna@rivervalleycc.org)

Allison Bolen, Children's Ministry Director, River Valley Church – 476-7761

[abolen@rivervalleycc.org](mailto:abolen@rivervalleycc.org)

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### **Crisis:**

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### **Depression:**

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### **Divorce Recovery:**

DivorceCare – Meets at Parkway Christian Center (541-479-2639)

Meets Wednesday @ Parkway Christian Center Fellowship Hall; 7:00p-8:30p; call for info on childcare

Libby McLain, MS, LPC, NCC – 541-472-8100

Women's issues, adolescents, depression, anxiety, marital issues, divorce, PTSD, trauma. Accepts insurance.

### **Finances:**

Financial Peace University – class

Check with River Valley Church (541-476-7761) or Parkway Christian Center (541-479-2639) for next available class.

### **Grief and Loss:**

Kim Brouhard, MSW, LCSW – 541-955-2566 ([kbrouhard@gmail.com](mailto:kbrouhard@gmail.com))

Works with adults, teens, children, and families. Depression, anxiety, grief & loss, abuse, blended family, ADHD, Aspergers. Accepts insurance, private pay, sliding scale.

Sharon Burman Lawler, MA – 541-232-0261

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GriefShare - Meets at Parkway Christian Center (541-479-2639)

### **Homeless Shelters:**

Men – Gospel Rescue Mission – 540 SW Foundry – 541-479-8869

Women & Children – Fisko Family House – 530 SW Foundry – 541-474-7775

### **Hunger:**

Redwood Christian Church Pantry – 4995 Redwood Ave.

Open Wednesday 6:30pm – 8:00pm

ROC Food Bank – 564 SW Foundry

Open Thursday 2:00pm – 6:00pm; Saturday 9:00am – 12:00pm

### **Marriage:**

Evan Hanson, MS, MA, LMFT – 541-787-9091

Counseling in: pre-marital, group, parenting, boys/sons issues, men's issues, men's groups.

Mediation in: workplace conflict, interpersonal conflict, domestic, civil, landlord/tenant, construction.

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Individuals, couples, families, adoption. Accepts private pay, sliding scale.

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### **Pornography:**

Raymond Meagher, LCSW – 541-660-2053

Addictions, anxiety, homosexual, marriage, pornography, PTSD and more. Accepts insurance, private pay, sliding scale.

### **Pregnancy Crisis:**

Pregnancy Crisis Center – 541-479-6264

Corner of 6<sup>th</sup> & J Streets, Grants Pass

### **Trauma:**

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### **Veterans:**

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02/28/17